

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 1 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ____ City ____

Indigenous Group/s: **0**

Total No. of Municipalities ____ Barangay ____

Total No. with OPT Plus Results: Mun ____ Brgy ____

Percent OPT Coverage Mun ____ Brgy ____

Year **2019**

Percent OPT Plus Coverage: 0-59 months old **86.71%**

Estimated No of PS: 0-59 months old: **1,467,262**

Actual No of PS measured: 0-59 months old **1,272,271**

Previous Year Prevalence Rate 0-59 months old: **1.26%**

Age Group (1)	Weight for Age Status																	Total, by age group									
	Normal (N)				Underweight (UW)				Severely Underweight (SUW)				Overweight (OW)				TOTAL			Total N		Total UW		Total SUW		Total OW	
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	60,270		57,401		309		155		124		100		733		695		61,436	58,351	119,787	117,671	98.23	464	0.39	224	0.19	1,428	1.19
6-11 months (R2)	52,417		50,618		492		328		186		126		280		248		53,375	51,320	104,695	103,035	98.41	820	0.78	312	0.30	528	0.50
12-23 months (R3)	109,811		106,271		1,263		960		472		335		617		610		112,163	108,176	220,339	216,082	98.07	2,223	1.01	807	0.37	1,227	0.56
24-35 months (R4)	115,874		112,649		1,410		1,100		400		390		504		477		118,188	114,616	232,804	228,523	98.16	2,510	1.08	790	0.34	981	0.42
36-47 months (R5)	130,550		126,727		1,282		1,221		348		381		660		499		132,840	128,828	261,668	257,277	98.32	2,503	0.96	729	0.28	1,159	0.44
48-59 months (R6)	166,617		162,190		1,187		1,144		300		296		748		496		168,852	164,126	332,978	328,807	98.75	2,331	0.70	596	0.18	1,244	0.37
60-71 months (R7)	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Total (R8)	635,539		615,856		5,943		4,908		1,830		1,628		3,542		3,025		646,854	625,417	1,272,271	1,251,395	98.36	10,851	0.85	3,458	0.27	6,567	0.52
0-71 mos	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Prev (R9)	98.25		98.47		0.92		0.78		0.28		0.26		0.55		0.48		50.84	49.16		98.36		0.85		0.27		0.52	
0-71 mos	0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00	0.00		0.00		0.00		0.00		0.00	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

OVERWEIGHT IS MORE CORRECTLY DETERMINED USING WEIGHT-FOR-LENGTH OR WEIGHT-FOR-HEIGHT.

(original signed)
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(original signed)
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Regional Nutrition Program Coordinator, NNC-NCR

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Approved by: **Corazon I. Flores, MD, MPH, CESO IV**
OIC -Regional Director, DOH-CHDMM
Chairperson, Regional Nutrition Committee

Date: December 23, 2019

Date: December 23, 2019

Date: December 26, 2019

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Year 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check:



Normal Weight-for-Age



Normal Length/Height-for-Age



Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	176,941	148,949	98.16	8,286	8,701	7,734	7,606	12,966	13,240	12,720	12,917	14,016	14,398	17,031	16,590			146,205
Malabon	39,994	36,896	96.58	2,176	2,035	2,015	1,902	3,426	3,286	2,957	2,815	3,112	2,940	4,559	4,412			35,635
Navotas	26,639	24,087	97.65	694	791	1,001	985	1,756	1,791	2,332	2,305	2,640	2,690	3,224	3,312			23,521
Valenzuela	69,995	63,183	98.20	2,874	2,778	2,435	2,415	5,879	5,647	5,757	5,455	6,117	5,776	8,826	8,088			62,047
Quezon City	328,448	351,031	99.08	18,188	16,704	16,053	15,586	32,501	31,452	31,146	30,558	35,661	34,522	42,832	42,582			347,785
Marikina	50,268	26,826	98.20	1,921	1,922	1,556	1,642	2,463	2,505	2,029	2,063	2,405	2,390	2,769	2,678			26,343
Pasig	88,161	74,805	98.47	4,508	4,001	2,987	2,597	5,109	4,893	4,869	4,695	8,015	7,321	12,504	12,160			73,659
Taguig	101,500	101,722	99.64	3,767	3,810	3,073	3,071	9,114	8,665	11,793	11,913	11,763	11,389	11,458	11,538			101,354
Pateros	6,790	5,493	96.56	310	310	262	260	522	519	460	469	558	536	541	557			5,304
Makati	66,918	37,606	98.23	2,327	2,347	1,914	1,912	4,830	4,076	3,133	2,749	2,699	2,470	4,475	4,009			36,941
Manila	201,436	144,771	97.11	5,134	4,823	4,644	4,291	13,245	12,602	15,587	15,064	16,213	15,363	17,182	16,445			140,593
Mandaluyong	47,000	40,313	99.25	1,386	1,287	1,268	1,192	2,888	2,916	4,036	3,814	5,229	5,167	5,545	5,283			40,011
San Juan	13,125	11,676	98.84	391	342	406	384	947	981	1153	1143	1218	1199	1686	1691			11,541
Pasay	46,495	38,238	97.79	1,921	1,720	1,687	1,563	3,476	3,250	3,555	3,329	3,709	3,528	4,847	4,807			37,392
Parañaque	78,017	65,221	97.88	2,584	2,303	1,818	1,770	3,134	3,020	4,771	4,500	6,184	6,043	14,336	13,377			63,840
Muntinlupa	59,659	56,115	98.60	2,223	2,035	2,312	2,197	3,992	4,019	5,193	4,805	6,285	6,499	7,908	7,862			55,330
Las Piñas	65,876	45,339	96.81	1,580	1492	1252	1245	3563	3409	4383	4055	4726	4496	6894	6799			43,894
TOTAL	1,467,262	1,272,271	98.36	60,270	57,401	52,417	50,618	109,811	106,271	115,874	112,649	130,550	126,727	166,617	162,190	0	0	1,251,395

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2019

Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☒ Underweight Weight-for-Age		☐ Stunted Length/Height-for-Age		☐ Wasted Weight-for-Length/Height														
City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	176,941	148,949	0.79	43	28	61	32	108	107	128	122	140	132	138	142			1,181
Malabon	39,994	36,896	2.04	3	4	23	14	116	89	113	86	88	85	72	61			754
Navotas	26,639	24,087	0.94	8	2	11	10	21	11	28	22	26	22	34	31			226
Valenzuela	69,995	63,183	0.72	13	10	17	15	55	37	56	54	62	48	43	44			454
Quezon City	328,448	351,031	0.42	52	27	98	63	183	189	175	137	153	138	120	131			1,466
Marikina	50,268	26,826	0.65	4	3	10	8	16	22	23	19	16	22	11	20			174
Pasig	88,161	74,805	0.79	7	6	31	19	66	49	80	77	73	78	57	46			589
Taguig	101,500	101,722	0.23	4	1	7	5	21	30	28	29	29	29	31	22			236
Pateros	6,790	5,493	1.77	0	1	3	1	9	7	14	17	12	12	6	15			97
Makati	66,918	37,606	0.52	0	0	3	7	30	18	25	24	26	29	14	20			196
Manila	201,436	144,771	1.75	112	40	110	78	279	186	342	226	273	259	346	286			2,537
Mandaluyong	47,000	40,313	0.54	0	1	11	5	32	21	32	33	35	27	11	10			218
San Juan	13,125	11,676	0.64	2	0	2	0	5	8	6	7	10	11	11	13			75
Pasay	46,495	38,238	1.24	13	8	25	13	43	28	61	47	60	44	58	73			473
Parañaque	78,017	65,221	1.28	16	7	36	25	113	43	102	68	112	102	109	100			833
Muntinlupa	59,659	56,115	0.71	8	4	10	9	46	35	65	55	57	72	16	19			396
Las Piñas	65,876	45,339	2.09	24	13	34	24	120	80	132	77	110	111	110	111			946
TOTAL	1,467,262	1,272,271	0.85	309	155	492	328	1,263	960	1,410	1,100	1,282	1,221	1,187	1,144	0	0	10,851

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing : January to March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0



Sev. UW Weight-for-Age



Sev. Stunted Length/Height-for-Age



Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % 	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	176,941	148,949	0.24	11	14	18	15	39	34	50	43	27	34	40	28			353
Malabon	39,994	36,896	0.65	5	2	6	6	38	23	34	34	30	33	10	20			241
Navotas	26,639	24,087	0.44	1	1	5	4	13	7	10	10	13	14	13	15			106
Valenzuela	69,995	63,183	0.28	7	4	10	4	25	18	25	22	21	16	12	12			176
Quezon City	328,448	351,031	0.20	21	23	38	29	108	68	78	78	67	65	68	58			701
Marikina	50,268	26,826	0.27	0	1	6	8	6	11	4	8	7	12	4	6			73
Pasig	88,161	74,805	0.23	8	5	8	10	21	18	13	21	19	20	14	12			169
Taguig	101,500	101,722	0.05	1	0	1	4	10	5	8	4	4	4	4	6			51
Pateros	6,790	5,493	0.18	0	0	0	0	1	1	2	1	1	2	1	1			10
Makati	66,918	37,606	0.13	1	0	4	2	4	6	6	5	4	8	5	4			49
Manila	201,436	144,771	0.56	46	33	48	23	110	74	95	84	82	77	71	70			813
Mandaluyong	47,000	40,313	0.05	1	1	2	2	1	1	2	0	3	2	3	1			19
San Juan	13,125	11,676	0.00	0	0	0	0	0	0	0	0	0	0	0	0			0
Pasay	46,495	38,238	0.15	0	0	5	3	2	2	5	9	8	4	6	12			56
Parañaque	78,017	65,221	0.41	10	4	12	7	42	21	21	34	23	33	28	32			267
Muntinlupa	59,659	56,115	0.20	6	4	9	1	18	11	18	7	11	22	1	3			111
Las Piñas	65,876	45,339	0.58	6	8	14	8	34	35	29	30	28	35	20	16			263
TOTAL	1,467,262	1,272,271	0.27	124	100	186	126	472	335	400	390	348	381	300	296	0	0	3,458

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

Region: National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing: January to March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0



Overweight Weight-for-Age



Tall Length/Height-for-Age



Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	176,941	148,949	0.81	138	176	66	57	94	102	76	87	105	83	136	90			1,210
Malabon	39,994	36,896	0.72	20	13	9	7	27	21	28	29	28	33	36	15			266
Navotas	26,639	24,087	0.97	46	49	12	9	19	23	16	18	13	8	11	10			234
Valenzuela	69,995	63,183	0.80	20	34	14	17	54	42	45	42	62	46	83	47			506
Quezon City	328,448	351,031	0.31	156	123	55	49	103	102	78	71	99	81	101	61			1,079
Marikina	50,268	26,826	0.88	30	12	15	6	16	21	16	14	25	27	31	23			236
Pasig	88,161	74,805	0.52	19	17	14	15	42	25	31	31	57	39	61	37			388
Taguig	101,500	101,722	0.08	5	3	1	0	10	14	8	10	10	6	6	8			81
Pateros	6,790	5,493	1.49	4	2	3	4	10	5	8	3	11	11	14	7			82
Makati	66,918	37,606	1.12	16	15	7	8	39	30	38	36	54	33	93	51			420
Manila	201,436	144,771	0.57	154	110	38	40	109	84	55	50	48	26	64	50			828
Mandaluyong	47,000	40,313	0.16	5	6	1	0	5	5	3	5	14	3	11	7			65
San Juan	13,125	11,676	0.51	5	7	0	1	5	7	4	6	8	5	6	6			60
Pasay	46,495	38,238	0.83	28	30	13	9	20	27	26	30	40	24	37	33			317
Parañaque	78,017	65,221	0.43	35	41	8	7	30	14	26	21	32	23	28	16			281
Muntinlupa	59,659	56,115	0.50	14	19	11	15	21	62	32	13	32	34	10	15			278
Las Piñas	65,876	45,339	0.52	38	38	13	4	13	26	14	11	22	17	20	20			236
TOTAL	1,467,262	1,272,271	0.52	733	695	280	248	617	610	504	477	660	499	748	496	0	0	6,567

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus

Series 2012 Page 2 of 3

Region **National Capital Region**

Indigenous Group/s: 0

Year **2019**

Total No. of Municipality: **1** City **16**

Total No. of Municipalities _____ Barangay _____

Percent OPT Plus Coverage: 0-59 months old **86.71%**

Total No. with OPT Plus Results: Municipality **1** City **16**

Total No. with OPT Plus Results: Mun _____ Brgy _____

Estimated No of PS: 0-59 months old: **1,467,262**

Percent OPT Coverage Municipality _____ City _____

Percent OPT Coverage Mun _____ Brgy _____

Actual No of PS measured: 0-59 months old **1,272,271**

Age Group (1)	Length/Height for Age Status																	Total, by age group									
	Normal (N)				Stunted /Short (St)				Severely Stunted (SSt)				Tall (T)				TOTAL			Total N		Total St		Total SSt		Total T	
	Boys		Girls		Boys		Girls		Boys		Girls		Boys		Girls		Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)	(25)	(26)	(27)	(28)
0-5 months (R1)	58,600		55,365		402		280		207		165		2,225		2,553		61,434	58,363	119,797	113,965	95.13	682	0.57	372	0.31	4,778	3.99
6-11 months (R2)	50,947		49,026		613		380		307		176		1,508		1,739		53,375	51,321	104,696	99,973	95.49	993	0.95	483	0.46	3,247	3.10
12-23 months (R3)	106,357		103,034		1,766		1,190		893		629		3,132		3,322		112,148	108,175	220,323	209,391	95.04	2,956	1.34	1,522	0.69	6,454	2.93
24-35 months (R4)	113,489		110,434		1,865		1,346		785		628		2,049		2,214		118,188	114,622	232,810	223,923	96.18	3,211	1.38	1,413	0.61	4,263	1.83
36-47 months (R5)	128,939		125,124		1,916		1,777		652		598		1,252		1,319		132,759	128,818	261,577	254,063	97.13	3,693	1.41	1,250	0.48	2,571	0.98
48-59 months (R6)	165,994		161,376		1,720		1,690		493		496		692		607		168,899	164,169	333,068	327,370	98.29	3,410	1.02	989	0.30	1,299	0.39
60-71 months (R7)	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Total (R8)	624,326		604,359		8,282		6,663		3,337		2,692		10,858		11,754		646,803	625,468	1,272,271	1,228,685	96.57	14,945	1.17	6,029	0.47	22,612	1.78
0-71 mos	0		0		0		0		0		0		0		0		0	0	0	0	0.00	0	0.00	0	0.00	0	0.00
Prev (R9)	96.52		96.63		1.28		1.07		0.52		0.43		1.68		1.88		50.84	49.16		96.57		1.17		0.47		1.78	
0-71 mos	0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00		0.00	0.00		0.00		0.00		0.00		0.00	

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Year 2019

Total No. with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check:

☐

Normal Weight-for-Age

☒

Normal Length/Height-for-Age

☐

Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	176,941	148,949	97.54	8,184	8,625	7,639	7,532	12,805	13,139	12,590	12,837	13,965	14,357	17,056	16,556			145,285
Malabon	39,994	36,896	92.76	2,104	1,965	1,953	1,862	3,220	3,161	2,778	2,690	2,962	2,816	4,433	4,281			34,225
Navotas	26,639	24,087	97.01	670	765	981	967	1,728	1,755	2,325	2,289	2,641	2,678	3,242	3,325			23,366
Valenzuela	69,995	63,183	96.43	2,764	2,646	2,347	2,330	5,675	5,476	5,646	5,376	6,073	5,733	8,803	8,059			60,928
Quezon City	328,448	351,031	97.89	18,029	16,423	15,747	15,258	31,809	30,790	30,678	30,026	35,356	34,193	42,760	42,541			343,610
Marikina	50,268	26,826	94.75	1,825	1,778	1,512	1,585	2,349	2,418	1,960	2,004	2,273	2,294	2,779	2,641			25,418
Pasig	88,161	74,805	96.21	4324	3799	2886	2473	4969	4722	4736	4566	7847	7177	12421	12052			71,972
Taguig	101,500	101,722	97.05	3,618	3,585	2,906	2,892	8,640	8,107	11,499	11,546	11,685	11,283	11,437	11,519			98,717
Pateros	6,790	5,493	95.38	293	301	253	252	495	507	452	473	562	539	547	565			5,239
Makati	66,918	37,606	96.88	2,237	2,235	1,858	1,879	4,734	4,027	3,103	2,715	2,689	2,441	4,513	4,000			36,431
Manila	201,436	144,771	94.02	4,834	4,498	4,373	3,995	12,553	12,015	15,103	14,671	15,813	15,034	16,991	16,227			136,107
Mandaluyong	47,000	40,313	98.75	1,369	1,262	1,250	1,170	2,881	2,888	4,026	3,803	5,220	5,144	5,526	5,270			39,809
San Juan	13,125	11,676	94.66	356	307	373	335	850	878	1,115	1,098	1,205	1,183	1,666	1,686			11,052
Pasay	46,495	38,238	94.50	1,807	1,609	1,628	1,480	3,282	3,104	3,429	3,237	3,625	3,433	4,772	4,728			36,134
Parañaque	78,017	65,221	97.01	2,532	2,231	1,787	1,724	3,067	2,926	4,712	4,467	6,139	6,020	14,318	13,349			63,272
Muntinlupa	59,659	56,115	96.65	2,133	1,940	2,251	2,117	3,886	3,901	5,058	4,678	6,211	6,347	7,873	7,842			54,237
Las Piñas	65,876	45,339	94.58	1,521	1,396	1,203	1,175	3,414	3,220	4,279	3,958	4,673	4,452	6,857	6,735			42,883
TOTAL	1,467,262	1,272,271	96.57	58,600	55,365	50,947	49,026	106,357	103,034	113,489	110,434	128,939	125,124	165,994	161,376	0	0	1,228,685

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐

Underweight Weight-for-Age

☒

Stunted Length/Height-for-Age

☐

Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	176,941	148,949	1.16	62	47	89	56	187	157	212	164	200	178	172	200			1,724
Malabon	39,994	36,896	4.37	21	8	55	28	233	141	219	162	209	182	184	171			1,613
Navotas	26,639	24,087	0.97	1	1	9	11	22	16	25	30	31	35	23	30			234
Valenzuela	69,995	63,183	1.37	26	22	40	26	119	72	102	78	101	87	106	85			864
Quezon City	328,448	351,031	0.52	64	50	118	64	228	160	203	145	202	206	191	178			1,809
Marikina	50,268	26,826	1.45	11	17	14	15	27	36	45	29	45	47	42	62			390
Pasig	88,161	74,805	0.97	9	6	14	15	79	61	99	82	103	94	87	75			724
Taguig	101,500	101,722	0.26	6	0	5	4	24	28	36	40	44	29	27	24			267
Pateros	6,790	5,493	2.17	0	0	4	0	12	11	25	9	10	21	13	14			119
Makati	66,918	37,606	0.84	5	6	16	9	46	20	26	33	41	33	35	46			316
Manila	201,436	144,771	2.41	126	69	137	77	370	226	419	272	520	402	463	411			3,492
Mandaluyong	47,000	40,313	0.46	1	2	6	2	26	13	18	16	27	24	32	20			187
San Juan	13,125	11,676	0.63	2	0	2	1	5	6	6	4	7	9	17	14			73
Pasay	46,495	38,238	1.98	21	9	28	15	89	46	93	61	86	89	98	121			756
Parañaque	78,017	65,221	1.36	25	14	36	27	124	68	108	81	109	93	100	105			890
Muntinlupa	59,659	56,115	0.89	8	9	4	3	44	39	89	76	65	123	17	21			498
Las Piñas	65,876	45,339	2.18	14	20	36	27	131	90	140	64	116	125	113	113			989
TOTAL	1,467,262	1,272,271	1.17	402	280	613	380	1,766	1,190	1,865	1,346	1,916	1,777	1,720	1,690	0	0	14,945

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ Sev. UW Weight-for-Age ☒ Sev. Stunted Length/Height-for-Age ☐ Sev. Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	176,941	148,949	0.40	29	44	40	18	83	55	65	69	60	47	50	40			600
Malabon	39,994	36,896	1.52	5	3	19	13	92	56	94	68	62	68	41	40			561
Navotas	26,639	24,087	0.36	0	1	2	3	10	7	7	11	13	10	13	10			87
Valenzuela	69,995	63,183	0.47	13	10	28	10	51	26	30	24	33	25	24	20			294
Quezon City	328,448	351,031	0.22	31	22	39	40	110	87	87	66	92	76	67	57			774
Marikina	50,268	26,826	0.42	4	1	3	3	9	13	10	10	8	19	12	21			113
Pasig	88,161	74,805	0.43	9	4	12	7	43	38	37	46	45	31	32	21			325
Taguig	101,500	101,722	0.08	1	0	2	4	12	8	16	8	9	7	9	9			85
Pateros	6,790	5,493	0.35	0	1	1	0	4	2	3	3	2	1	1	1			19
Makati	66,918	37,606	0.32	4	3	6	4	12	16	17	17	13	15	5	10			122
Manila	201,436	144,771	1.25	77	54	95	53	271	190	241	180	176	168	138	169			1,812
Mandaluyong	47,000	40,313	0.11	1	1	3	1	3	4	9	3	5	2	8	6			46
San Juan	13,125	11,676	0.06	0	0	0	0	0	0	0	0	0	2	4	1			7
Pasay	46,495	38,238	0.33	4	4	13	5	13	6	24	10	15	11	9	14			128
Parañaque	78,017	65,221	0.62	5	8	15	4	81	45	53	33	41	33	44	41			403
Muntinlupa	59,659	56,115	0.41	10	2	14	6	37	20	42	29	24	37	4	4			229
Las Piñas	65,876	45,339	0.94	14	7	15	5	62	56	50	51	54	46	32	32			424
TOTAL	1,467,262	1,272,271	0.47	207	165	307	176	893	629	785	628	652	598	493	496	0	0	6,029

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 4

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2019

Total No. with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐

Overweight Weight-for-Age

☒

Tall Length/Height-for-Age

☐

Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)	Boys (17)	Girls (18)	
Caloocan	176,941	148,949	0.90	203	203	111	104	132	132	107	99	63	65	67	54			1,340
Malabon	39,994	36,896	1.35	74	78	26	26	62	61	41	44	25	25	19	16			497
Navotas	26,639	24,087	1.66	78	76	37	27	49	54	29	25	7	11	4	3			400
Valenzuela	69,995	63,183	1.74	111	148	61	85	168	170	105	95	55	41	31	27			1,097
Quezon City	328,448	351,031	1.38	293	382	340	365	748	774	509	607	330	331	103	56			4,838
Marikina	50,268	26,826	3.37	113	154	58	62	101	92	57	66	46	81	29	46			905
Pasig	88,161	74,805	2.38	200	220	128	146	147	164	121	130	169	156	96	107			1,784
Taguig	101,500	101,722	2.61	152	229	169	180	479	571	286	362	68	109	26	22			2,653
Pateros	6,790	5,493	2.11	21	11	10	13	31	12	4	5	8	0	1	0			116
Makati	66,918	37,606	1.96	98	118	48	37	111	66	56	49	40	52	34	28			737
Manila	201,436	144,771	2.32	409	385	235	307	549	515	316	301	107	121	71	44			3,360
Mandaluyong	47,000	40,313	0.67	21	30	23	26	16	38	20	30	29	29	4	5			271
San Juan	13,125	11,676	4.66	40	42	33	49	102	112	42	54	24	21	16	9			544
Pasay	46,495	38,238	3.19	130	136	61	88	157	151	101	107	91	67	69	62			1,220
Parañaque	78,017	65,221	1.01	83	102	36	54	47	59	47	42	62	55	39	30			656
Muntinlupa	59,659	56,115	2.05	100	111	73	96	110	167	119	97	85	120	41	32			1,151
Las Piñas	65,876	45,339	2.30	99	128	59	74	123	184	89	101	43	35	42	66			1,043
TOTAL	1,467,262	1,272,271	1.78	2,225	2,553	1,508	1,739	3,132	3,322	2,049	2,214	1,252	1,319	692	607	0	0	22,612

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus
Series 2012 Page 3 of 3

Region **National Capital Region**

Total No. of Municipality: **1** City **16**

Total No. with OPT Plus Results: Municipality **1** City **16**

Percent OPT Coverage Municipality ____ City ____

Indigenous Group/s: **_0_**

Total No. of Municipalities ____ Barangay ____

Total No. with OPT Plus Results: Mun ____ Brgy ____

Percent OPT Coverage Mun ____ Brgy ____

Year **2019**

Percent OPT Plus Coverage: 0-59 months old **86.71%**

Estimated No of PS: 0-59 months old: **1,467,262**

Actual No of PS measured: 0-59 months old **1,272,271**

Age Group (1)	Weight for Length/Height Status															Total, by age group											
	Normal (N)			Wasted (W)			Severely Wasted (SW)		Overweight (OW)		Obese (Ob)		TOTAL			Total N		Total W		Total SW		Total OW		Total Ob			
	Boys (2)	Girls (3)		Boys (6)	Girls (7)		Boys (10)	Girls (11)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	Boys (18)	Girls (19)		Boys (22)	Girls (23)	Total (24)	No (25)	Prev (26)	No (27)	Prev (28)	No (29)	Prev (30)	No (31)	Prev (32)	No (33)
0-5 months (R1)	60,014	57,217		382	264		238	170	531	426	269	277	61,434	58,354	119,788	117,231	97.87	646	0.54	408	0.34	957	0.80	546	0.46		
6-11 months (R2)	52,384	50,514		425	301		172	144	252	265	139	100	53,372	51,324	104,696	102,898	98.28	726	0.69	316	0.30	517	0.49	239	0.23		
12-23 months (R3)	109,795	106,248		957	682		434	329	626	611	347	314	112,159	108,184	220,343	216,043	98.05	1,639	0.74	763	0.35	1,237	0.56	661	0.30		
24-35 months (R4)	116,000	112,811		906	699		307	254	590	518	383	336	118,186	114,618	232,804	228,811	98.28	1,605	0.69	561	0.24	1,108	0.48	719	0.31		
36-47 months (R5)	130,716	126,921		768	670		226	199	578	597	549	429	132,837	128,816	261,653	257,637	98.47	1,438	0.55	425	0.16	1,175	0.45	978	0.37		
48-59 months (R6)	166,590	162,153		703	708		229	195	668	636	673	433	168,863	164,125	332,988	328,743	98.73	1,411	0.42	424	0.13	1,304	0.39	1,106	0.33		
60-71 months (R7)	0	0		0	0		0	0	0	0	0	0	0	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00		
Total (R8)	635,499	615,864		4,141	3,324		1,606	1,291	3,245	3,053	2,360	1,889	646,851	625,421	1,272,272	1,251,363	98.36	7,465	0.59	2,897	0.23	6,298	0.50	4,249	0.33		
0-71 mos	0	0		0	0		0	0	0	0	0	0	0	0	0	0	0.00	0	0.00	0	0.00	0	0.00	0	0.00		
Prev (R9)	98.25	98.47		0.64	0.53		0.25	0.21	0.50	0.49	0.36	0.30	50.84	49.16		98.36		0.59		0.23		0.50		0.33			
0-59 mos	0.00	0.00		0.00	0.00		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00		0.00		0.00		0.00		0.00		0.00			

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9)- refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months

d) Prev (C21,23,25,27)- refers to the prevalence rate by total by age group

DO NOT USE IF DATA ON WEIGHT FOR LENGTH/HEIGHT IS AVAILABLE.

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 1 of 5

Region National Capital Region Total No.: City 16 Municipality 1 Year 2019
Total No.with OPT Plus Results: City 16 Municipality 1 Indigenous Group/s: 0
Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Please Check: ☐ Normal Weight-for-Age ☐ Normal Length/Height-for-Age ☒ Normal Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	176,941	148,949	98.79	8,345	8,794	7,792	7,648	13,032	13,338	12,804	13,005	14,110	14,504	17,106	16,668			147,146
Malabon	39,994	36,896	97.59	2,166	2,032	2,021	1,907	3,492	3,334	3,023	2,887	3,155	2,979	4,586	4,425			36,007
Navotas	26,639	24,087	97.61	716	812	1,001	983	1,752	1,789	2,322	2,302	2,625	2,672	3,227	3,310			23,511
Valenzuela	69,995	63,183	96.79	2,773	2,687	2,379	2,353	5,784	5,567	5,690	5,418	6,098	5,715	8,705	7,984			61,153
Quezon City	328,448	351,031	99.04	18,178	16,679	16,062	15,559	32,500	31,434	31,138	30,553	35,669	34,540	42,784	42,561			347,657
Marikina	50,268	26,827	97.29	1,910	1,907	1,548	1,634	2,437	2,494	2,007	2,043	2,371	2,348	2,759	2,643			26,101
Pasig	88,161	74,805	98.70	4,509	4,005	3,000	2,609	5,129	4,905	4,892	4,746	8,030	7,358	12,509	12,144			73,836
Taguig	101,500	101,722	99.70	3,764	3,812	3,075	3,070	9,123	8,679	11,797	11,924	11,762	11,398	11,471	11,544			101,419
Pateros	6,790	5,493	96.67	309	308	262	259	521	522	465	477	549	539	533	566			5,310
Makati	66,918	37,606	98.17	2,322	2,347	1,916	1,910	4,851	4,082	3,126	2,755	2,691	2,475	4,455	3,988			36,918
Manila	201,436	144,771	96.04	4,944	4,666	4,521	4,196	12,973	12,360	15,465	14,906	16,126	15,315	17,159	16,410			139,041
Mandaluyong	47,000	40,313	98.86	1,361	1,262	1,269	1,189	2,900	2,915	4,022	3,813	5,216	5,148	5,512	5,246			39,853
San Juan	13,125	11,676	99.37	396	345	406	385	953	992	1,157	1,150	1,227	1,206	1,687	1,698			11,602
Pasay	46,495	38,238	97.96	1,919	1,727	1,702	1,567	3,476	3,245	3,569	3,342	3,722	3,524	4,847	4,819			37,459
Parañaque	78,017	65,221	98.71	2,582	2,305	1,839	1,789	3,217	3,041	4,836	4,553	6,252	6,125	14,410	13,433			64,382
Muntinlupa	59,659	56,115	99.06	2,240	2,050	2,329	2,213	4,037	4,088	5,207	4,833	6,327	6,501	7,903	7,861			55,589
Las Piñas	65,876	45,339	97.88	1,580	1,479	1,262	1,243	3,618	3,463	4,480	4,104	4,786	4,574	6,937	6,853			44,379
TOTAL	1,467,262	1,272,272	98.36	60,014	57,217	52,384	50,514	109,795	106,248	116,000	112,811	130,716	126,921	166,590	162,153	0	0	1,251,363

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 2 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ Underweight Weight-for-Age ☐ Stunted Length/Height-for-Age ☒ Wasted Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	176,941	148,949	0.30	16	11	19	20	51	42	53	48	51	37	45	54			447
Malabon	39,994	36,896	0.86	13	5	15	11	43	33	42	26	33	37	25	35			318
Navotas	26,639	24,087	0.57	0	0	6	3	14	9	21	14	16	15	19	21			138
Valenzuela	69,995	63,183	1.11	42	43	50	31	94	61	81	56	50	64	66	62			700
Quezon City	328,448	351,031	0.30	43	57	68	55	137	119	127	101	81	79	87	95			1,049
Marikina	50,268	26,827	0.86	16	13	16	15	19	25	15	25	27	20	14	25			230
Pasig	88,161	74,805	0.42	11	6	21	14	36	34	41	32	34	31	25	26			311
Taguig	101,500	101,722	0.18	6	1	5	5	21	20	26	19	25	17	18	18			181
Pateros	6,790	5,493	0.98	5	1	3	2	6	4	5	5	4	8	6	5			54
Makati	66,918	37,606	0.24	0	0	2	4	9	14	13	7	12	12	4	13			90
Manila	201,436	144,771	1.75	183	86	140	87	358	211	312	246	264	198	255	197			2,537
Mandaluyong	47,000	40,313	0.43	0	3	12	6	13	9	26	15	33	21	20	16			174
San Juan	13,125	11,676	0.17	1	3	2	0	1	2	2	0	0	3	3	3			20
Pasay	46,495	38,238	0.61	10	6	8	7	19	19	27	29	27	18	24	38			232
Parañaque	78,017	65,221	0.52	13	7	18	14	41	24	39	25	43	35	34	47			340
Muntinlupa	59,659	56,115	0.25	1	1	5	3	18	11	32	12	12	32	5	7			139
Las Piñas	65,876	45,339	1.11	22	21	35	24	77	45	44	39	56	43	53	46			505
TOTAL	1,467,262	1,272,272	0.59	382	264	425	301	957	682	906	699	768	670	703	708	0	0	7,465

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 3 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ **Sev. UW Weight-for-Age** ☐ **Sev. Stunted Length/Height-for-Age** ☒ **Sev. Wasted Weight-for-Length/Height**

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev %	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)	
Caloocan	176,941	148,949	0.04	3	3	4	2	10	6	6	9	3	5	1	1			53
Malabon	39,994	36,896	0.35	8	6	6	5	26	15	11	12	16	12	9	4			130
Navotas	26,639	24,087	0.24	0	0	1	1	2	6	8	6	6	15	5	7			57
Valenzuela	69,995	63,183	0.44	22	18	7	13	35	35	35	30	15	13	23	29			275
Quezon City	328,448	351,031	0.18	39	32	41	37	103	75	61	43	57	33	50	47			618
Marikina	50,268	26,827	0.14	2	2	1	5	3	5	2	2	6	4	2	3			37
Pasig	88,161	74,805	0.09	4	4	7	4	9	4	11	4	7	10	2	3			69
Taguig	101,500	101,722	0.01	0	0	1	1	2	0	3	1	1	2	0	2			13
Pateros	6,790	5,493	0.04	0	0	0	0	0	1	0	0	1	0	0	0			2
Makati	66,918	37,606	0.07	0	0	1	1	3	5	3	4	3	1	4	0			25
Manila	201,436	144,771	0.94	136	91	91	67	206	152	134	116	90	78	113	80			1,354
Mandaluyong	47,000	40,313	0.09	3	3	0	3	4	5	5	4	4	5	1	1			38
San Juan	13,125	11,676	0.00	0	0	0	0	0	0	0	0	0	0	0	0			0
Pasay	46,495	38,238	0.12	6	2	0	2	3	3	3	3	5	3	7	9			46
Parañaque	78,017	65,221	0.19	14	5	10	3	22	9	11	14	9	8	10	7			122
Muntinlupa	59,659	56,115	0.08	1	3	1	0	3	5	12	6	3	9	2	2			47
Las Piñas	65,876	45,339	0.02	0	1	1	0	3	3	2	0	0	1	0	0			11
TOTAL	1,467,262	1,272,272	0.23	238	170	172	144	434	329	307	254	226	199	229	195	0	0	2,897

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 4 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

Overweight Weight-for-Age				Tall Length/Height-for-Age				Overweight Weight-for-Length/Height													
City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total			
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months					
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)				
Caloocan	176,941	148,949	0.55	86	71	48	27	82	70	69	65	75	59	99	63			814			
Malabon	39,994	36,896	0.70	11	8	7	5	28	27	36	23	27	33	27	27			259			
Navotas	26,639	24,087	0.86	22	16	11	10	26	18	20	16	21	14	13	20			207			
Valenzuela	69,995	63,183	0.98	48	52	27	38	65	58	36	40	49	49	75	80			617			
Quezon City	328,448	351,031	0.32	111	64	49	54	109	130	117	102	96	102	105	83			1,122			
Marikina	50,268	26,827	1.16	18	14	13	12	29	23	36	19	26	52	29	40			311			
Pasig	88,161	74,805	0.46	10	7	10	10	34	30	30	24	49	36	52	54			346			
Taguig	101,500	101,722	0.06	5	1	0	4	6	10	4	6	9	6	4	5			60			
Pateros	6,790	5,493	1.06	0	2	1	3	5	3	7	4	14	3	10	6			58			
Makati	66,918	37,606	0.79	13	10	3	12	23	18	35	26	33	26	45	52			296			
Manila	201,436	144,771	0.74	107	91	52	62	133	132	88	107	72	80	63	79			1,066			
Mandaluyong	47,000	40,313	0.39	24	18	0	1	4	8	14	15	15	18	21	21			159			
San Juan	13,125	11,676	0.24	0	1	0	0	2	2	1	5	3	2	7	5			28			
Pasay	46,495	38,238	0.78	20	14	13	7	27	29	27	18	31	32	43	36			297			
Parañaque	78,017	65,221	0.30	24	26	4	3	19	15	14	14	20	15	23	21			198			
Muntinlupa	59,659	56,115	0.35	7	5	5	4	11	15	33	16	20	49	15	16			196			
Las Piñas	65,876	45,339	0.58	25	26	9	13	23	23	23	18	18	21	37	28			264			
TOTAL	1,467,262	1,272,272	0.50	531	426	252	265	626	611	590	518	578	597	668	636	0	0	6,298			

OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results

Series 2012 Page 5 of 5

Region National Capital Region

Total No.: City 16 Municipality 1

Period of Weighing January-March 2019

Total No.with OPT Plus Results: City 16 Municipality 1

Indigenous Group/s: 0

Please Check:

Number of Indigenous PS measured: 0-59 mos old 0 0-71 mos old 0

☐ Overweight Weight-for-Age ☐ Tall Length/Height-for-Age ☒ Obese Weight-for-Length/Height

City/Municipality (1)	Estimated No. of 0-59 mos old PS (2)	Total No of 0-59 mos old PS measured (3)	Prev % (4)	Total Number of Children														Total
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
				Boys (5)	Girls (6)	Boys (7)	Girls (8)	Boys (9)	Girls (10)	Boys (11)	Girls (12)	Boys (13)	Girls (14)	Boys (15)	Girls (16)			
Caloocan	176,941	148,949	0.33	28	40	16	13	32	27	42	42	49	42	94	64			489
Malabon	39,994	36,896	0.49	6	3	4	1	18	10	20	16	27	30	30	17			182
Navotas	26,639	24,087	0.72	11	15	10	11	15	10	15	17	24	18	18	10			174
Valenzuela	69,995	63,183	0.69	29	26	13	16	35	23	41	29	50	45	95	36			438
Quezon City	328,448	351,031	0.17	46	45	24	22	46	53	34	45	77	52	95	46			585
Marikina	50,268	26,827	0.55	6	5	6	2	9	13	12	15	24	17	22	17			148
Pasig	88,161	74,805	0.32	8	7	2	4	30	12	19	18	44	23	48	28			243
Taguig	101,500	101,722	0.05	2	0	1	0	3	5	7	6	9	5	6	5			49
Pateros	6,790	5,493	1.26	0	2	2	1	10	2	7	4	14	11	13	3			69
Makati	66,918	37,606	0.74	10	5	6	2	17	18	23	24	40	24	79	29			277
Manila	201,436	144,771	0.53	76	72	36	20	73	91	80	49	64	54	73	85			773
Mandaluyong	47,000	40,313	0.22	4	9	1	0	5	6	6	5	13	7	16	17			89
San Juan	13,125	11,676	0.22	1	0	0	0	1	0	3	1	6	4	6	4			26
Pasay	46,495	38,238	0.53	7	9	7	5	16	11	21	23	32	23	27	23			204
Parañaque	78,017	65,221	0.27	12	12	3	0	20	9	20	17	27	18	24	17			179
Muntinlupa	59,659	56,115	0.26	2	3	2	2	8	8	24	13	23	36	10	13			144
Las Piñas	65,876	45,339	0.40	21	24	6	1	9	16	9	12	26	20	17	19			180
TOTAL	1,467,262	1,272,272	0.33	269	277	139	100	347	314	383	336	549	429	673	433	0	0	4,249

OPT Plus Form 4B. **Report on Regional Coverage of Operation Timbang Plus**

Series 2012

Region: NATIONAL CAPITAL REGION

Period of OPT: January to March 2019

City/Municipality (1)	Total Number of Barangays (4)	Number of Barangays with OPT Results (5)	Estimated Number of Preschoolers Aged 0-59 months (6)	Actual Number of Preschoolers Measured (Weighed) (7)	Actual Number of Indigenous Preschoolers Measured (8)
Caloocan	188	186	176,941	148,949	0
Malabon	21	21	39,994	36,896	0
Navotas	14	14	26,639	24,087	0
Valenzuela	33	33	69,995	63,183	0
Quezon City	142	137	328,448	351,031	0
Marikina City	16	16	50,268	26,826	0
Pasig City	30	30	88,161	74,805	0
Taguig	28	28	101,500	101,722	0
Pateros	10	10	6,790	5,493	0
Makati City*	33	25	66,918	37,606	0
Manila	897	875	201,436	144,771	0
Mandaluyong	27	27	47,000	40,313	0
San Juan	21	21	13,125	11,676	0
Pasay	201	201	46,495	38,238	0
Parañaque	16	16	78,017	65,221	0
Muntinlupa	9	9	59,659	56,115	0
Las Pinas	20	20	65,876	45,339	0
TOTAL	1,706	1,669	1,467,262	1,272,271	0

* with eight (8) disputed and elite barangays

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2019 Operation Timbang Plus Results

A. Ranking of LGUs according to Weighing Coverage

City/Municipality	Total Number of Barangays	No. of Barangays with OPT Results	Percent Coverage of Bgys.	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Percent Weighing Coverage	Ranking
Caloocan	188	186	98.94%	176,941	148,949	84.18%	10
Malabon	21	21	100.00%	39,994	36,896	92.25%	4
Navotas	14	14	100.00%	26,639	24,087	90.42%	5
Valenzuela	33	33	100.00%	69,995	63,183	90.27%	6
Quezon City	142	137	96.48%	328,448	351,031	106.88%	1
Marikina City	16	16	100.00%	50,268	26,826	53.37%	17
Pasig City	30	30	100.00%	88,161	74,805	84.85%	9
Taguig	28	28	100.00%	101,500	101,722	100.22%	2
Pateros	10	10	100.00%	6,790	5,493	80.90%	13
Makati City *	33	25	75.76%	66,918	37,606	56.20%	16
Manila	897	875	97.55%	201,436	144,771	71.87%	14
Mandaluyong	27	27	100.00%	47,000	40,313	85.77%	8
San Juan	21	21	100.00%	13,125	11,676	88.96%	7
Pasay	201	201	100.00%	46,495	38,238	82.24%	12
Parañaque	16	16	100.00%	78,017	65,221	83.60%	11
Muntinlupa	9	9	100.00%	59,659	56,115	94.06%	3
Las Pinas	20	20	100.00%	65,876	45,339	68.82%	15
TOTAL	1,706	1,669	97.83%	1,467,262	1,272,271	86.71%	

* with eight (8) disputed and elite barangays

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2019 Operation Timbang Plus Results

B. Ranking of LGUs according to Percent of Children Measured

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Length/Height-for-Age			Weight-for-Length/Height		
		No. of Children Measured	Percent Coverage	Rank	No. of Children Measured	Percent Coverage	Rank
Caloocan	176,941	148,949	84.18%	10	148,949	84.18%	10
Malabon	39,994	36,896	92.25%	4	36,896	92.25%	4
Navotas	26,639	24,087	90.42%	5	24,087	90.42%	5
Valenzuela	69,995	63,183	90.27%	6	63,183	90.27%	6
Quezon City	328,448	351,031	106.88%	1	351,031	106.88%	1
Marikina City	50,268	26,826	53.37%	17	26,827	53.37%	17
Pasig City	88,161	74,805	84.85%	9	74,805	84.85%	9
Taguig	101,500	101,722	100.22%	2	101,722	100.22%	2
Pateros	6,790	5,493	80.90%	13	5,493	80.90%	13
Makati City *	66,918	37,606	56.20%	16	37,606	56.20%	16
Manila	201,436	144,771	71.87%	14	144,771	71.87%	14
Mandaluyong	47,000	40,313	85.77%	8	40,313	85.77%	8
San Juan	13,125	11,676	88.96%	7	11,676	88.96%	7
Pasay	46,495	38,238	82.24%	12	38,238	82.24%	12
Parañaque	78,017	65,221	83.60%	11	65,221	83.60%	11
Muntinlupa	59,659	56,115	94.06%	3	56,115	94.06%	3
Las Pinas	65,876	45,339	68.82%	15	45,339	68.82%	15
TOTAL	1,467,262	1,272,271	86.71%		1,272,272	86.71%	

* with eight (8) disputed and elite barangays

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2019 Operation Timbang Plus Results

C. Ranking of LGUs according to Prevalence of Undernutrition (Underweight and Severely Underweight)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Underweight (UW)		Severely Underweight (SUW)		Total No. of Underweight and Severely Underweight PS		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	176,941	148,949	1,181	0.79%	353	0.24%	1,534	1.03%	7
Malabon	39,994	36,896	754	2.04%	241	0.65%	995	2.70%	1
Navotas	26,639	24,087	226	0.94%	106	0.44%	332	1.38%	6
Valenzuela	69,995	63,183	454	0.72%	176	0.28%	630	1.00%	9
Quezon City	328,448	351,031	1,466	0.42%	701	0.20%	2,167	0.62%	14
Marikina City	50,268	26,826	174	0.65%	73	0.27%	247	0.92%	10
Pasig City	88,161	74,805	589	0.79%	169	0.23%	758	1.01%	8
Taguig	101,500	101,722	236	0.23%	51	0.05%	287	0.28%	16
Pateros	6,790	5,493	97	1.77%	10	0.18%	107	1.95%	4
Makati City	66,918	37,606	196	0.52%	49	0.13%	245	0.65%	12
Manila	201,436	144,771	2,537	1.75%	813	0.56%	3,350	2.31%	3
Mandaluyong	47,000	40,313	218	0.54%	19	0.05%	237	0.59%	15
San Juan	13,125	11,676	75	0.64%	-	0.00%	75	0.64%	13
Pasay	46,495	38,238	473	1.24%	56	0.15%	529	1.38%	6
Parañaque	78,017	65,221	833	1.28%	267	0.41%	1,100	1.69%	5
Muntinlupa	59,659	56,115	396	0.71%	111	0.20%	507	0.90%	11
Las Pinas	65,876	45,339	946	2.09%	263	0.58%	1,209	2.67%	2
TOTAL	1,467,262	1,272,271	10,851	0.85%	3,458	0.27%	14,309	1.12%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2019 Operation Timbang Plus Results

D. Ranking of LGUs according to Prevalence of Overweight (Weight-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Weighed	Overweight (OW) (Weight-for-Age)		Ranking of LGUs
			No.	%	
Caloocan	176,941	148,949	1,210	0.81%	6
Malabon	39,994	36,896	266	0.72%	8
Navotas	26,639	24,087	234	0.97%	3
Valenzuela	69,995	63,183	506	0.80%	7
Quezon City	328,448	351,031	1,079	0.31%	14
Marikina City	50,268	26,826	236	0.88%	4
Pasig City	88,161	74,805	388	0.52%	10
Taguig	101,500	101,722	81	0.08%	16
Pateros	6,790	5,493	82	1.49%	1
Makati City	66,918	37,606	420	1.12%	2
Manila	201,436	144,771	828	0.57%	9
Mandaluyong	47,000	40,313	65	0.16%	15
San Juan	13,125	11,676	60	0.51%	11
Pasay	46,495	38,238	317	0.83%	5
Parañaque	78,017	65,221	281	0.43%	13
Muntinlupa	59,659	56,115	278	0.50%	12
Las Pinas	65,876	45,339	236	0.52%	10
TOTAL	1,467,262	1,272,271	6,567	0.52%	

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
National Capital Region

2019 Operation Timbang Plus Results

E. Ranking of LGUs according to Prevalence of Overweight and Obesity (Weight-for-Length/Height)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Overweight (OW) (Weight-for-Length/Height)		Obese (Ob) (Weight-for-Length/Height)		Total No. of Overweight and Obese PS		Ranking of LGUs
			No.	%	No.	%	No.	Prev Rate (%)	
Caloocan	176,941	148,949	814	0.55%	489	0.33%	1,303	0.87%	10
Malabon	39,994	36,896	259	0.70%	182	0.49%	441	1.20%	8
Navotas	26,639	24,087	207	0.86%	174	0.72%	381	1.58%	4
Valenzuela	69,995	63,183	617	0.98%	438	0.69%	1,055	1.67%	3
Quezon City	328,448	351,031	1,122	0.32%	585	0.17%	1,707	0.49%	15
Marikina City	50,268	26,827	311	1.16%	148	0.55%	459	1.71%	2
Pasig City	88,161	74,805	346	0.46%	243	0.32%	589	0.79%	11
Taguig	101,500	101,722	60	0.06%	49	0.05%	109	0.11%	17
Pateros	6,790	5,493	58	1.06%	69	1.26%	127	2.31%	1
Makati City	66,918	37,606	296	0.79%	277	0.74%	573	1.52%	5
Manila	201,436	144,771	1,066	0.74%	773	0.53%	1,839	1.27%	7
Mandaluyong	47,000	40,313	159	0.39%	89	0.22%	248	0.62%	12
San Juan	13,125	11,676	28	0.24%	26	0.22%	54	0.46%	16
Pasay	46,495	38,238	297	0.78%	204	0.53%	501	1.31%	6
Parañaque	78,017	65,221	198	0.30%	179	0.27%	377	0.58%	14
Muntinlupa	59,659	56,115	196	0.35%	144	0.26%	340	0.61%	13
Las Pinas	65,876	45,339	264	0.58%	180	0.40%	444	0.98%	9
TOTAL	1,467,262	1,272,272	6,298	0.50%	4,249	0.33%	10,547	0.83%	

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F. Ranking of LGUs according to Prevalence of Wasting/Thinness (Wasted and Severely Wasted)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Wasted (Weight-for-L/H)		Severely Wasted (Weight-for-L/H)		Total No. of Wasted and Severely Wasted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	176,941	148,949	447	0.30%	53	0.04%	500	0.34%	13
Malabon	39,994	36,896	318	0.86%	130	0.35%	448	1.21%	3
Navotas	26,639	24,087	138	0.57%	57	0.24%	195	0.81%	7
Valenzuela	69,995	63,183	700	1.11%	275	0.44%	975	1.54%	2
Quezon City	328,448	351,031	1,049	0.30%	618	0.18%	1,667	0.47%	12
Marikina City	50,268	26,827	230	0.86%	37	0.14%	267	1.00%	6
Pasig City	88,161	74,805	311	0.42%	69	0.09%	380	0.51%	11
Taguig	101,500	101,722	181	0.18%	13	0.01%	194	0.19%	16
Pateros	6,790	5,493	54	0.98%	2	0.04%	56	1.02%	5
Makati City	66,918	37,606	90	0.24%	25	0.07%	115	0.31%	15
Manila	201,436	144,771	2,537	1.75%	1,354	0.94%	3,891	2.69%	1
Mandaluyong	47,000	40,313	174	0.43%	38	0.09%	212	0.53%	10
San Juan	13,125	11,676	20	0.17%	-	0.00%	20	0.17%	17
Pasay	46,495	38,238	232	0.61%	46	0.12%	278	0.73%	8
Parañaque	78,017	65,221	340	0.52%	122	0.19%	462	0.71%	9
Muntinlupa	59,659	56,115	139	0.25%	47	0.08%	186	0.33%	14
Las Pinas	65,876	45,339	505	1.11%	11	0.02%	516	1.14%	4
TOTAL	1,467,262	1,272,272	7,465	0.59%	2,897	0.23%	10,362	0.81%	

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G. Ranking of LGUs according to Prevalence of Stunting and Severely Stunting (Length/Height-for-Age)

City/Municipality	Estimated Number of Preschoolers Aged 0-59 months	Actual Number of Preschoolers Measured for Ht.	Stunted (L/H-for-Age)		Severely Stunted (L/H-for-Age)		Total No. of Stunted and Severely Stunted		Ranking of LGUs
			No.	%	No.	%	No	Prev. Rate (%)	
Caloocan	176,941	148,949	1,724	1.16%	600	0.40%	2,324	1.56%	9
Malabon	39,994	36,896	1,613	4.37%	561	1.52%	2,174	5.89%	1
Navotas	26,639	24,087	234	0.97%	87	0.36%	321	1.33%	11
Valenzuela	69,995	63,183	864	1.37%	294	0.47%	1,158	1.83%	8
Quezon City	328,448	351,031	1,809	0.52%	774	0.22%	2,583	0.74%	14
Marikina City	50,268	26,826	390	1.45%	113	0.42%	503	1.88%	7
Pasig City	88,161	74,805	724	0.97%	325	0.43%	1,049	1.40%	10
Taguig	101,500	101,722	267	0.26%	85	0.08%	352	0.35%	17
Pateros	6,790	5,493	119	2.17%	19	0.35%	138	2.51%	4
Makati City	66,918	37,606	316	0.84%	122	0.32%	438	1.16%	13
Manila	201,436	144,771	3,492	2.41%	1,812	1.25%	5,304	3.66%	2
Mandaluyong	47,000	40,313	187	0.46%	46	0.11%	233	0.58%	16
San Juan	13,125	11,676	73	0.63%	7	0.06%	80	0.69%	15
Pasay	46,495	38,238	756	1.98%	128	0.33%	884	2.31%	5
Parañaque	78,017	65,221	890	1.36%	403	0.62%	1,293	1.98%	6
Muntinlupa	59,659	56,115	498	0.89%	229	0.41%	727	1.30%	12
Las Pinas	65,876	45,339	989	2.18%	424	0.94%	1,413	3.12%	3
TOTAL	1,467,262	1,272,271	14,945	1.17%	6,029	0.47%	20,974	1.65%	